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Isabel Filby is off to the Central School of Ballet in London in September

London life beckons for ballet student Isabel

A talented young dancer is preparing to take up her place at a prestigious ballet school.

Isabel Filby will swap classes at The Rosemary Lane School of Ballet & Theatre Dance in Wolverton for full-time professional training at London's Central School of Ballet this September.

The 16-year-old impressed throughout the audition process and is thrilled to have been awarded a coveted spot on Central School of Ballet's three-year Foundation & BA (Hons) degree course in professional dance and performance.

Isabel has been dancing at The Rosemary Lane School of Ballet & Theatre Dance, which holds classes at King's Community Centre, on Creed Street, since she joined as an eager seven-year-old.

As well as excelling in every exam she has been entered for, Isabel has dazzled onstage in the school's biennial productions. Most recently, she starred as the Lilac Fairy in *The Sleeping Beauty* at Stantonbury Theatre.

Isabel said: "I am so hon-



Isabel Filby

oured to have been offered a place at Central and I can't wait to begin the next part of my dance journey there. It is definitely feeling even more exciting now that I have finished my GCSE exams and am starting to think about getting – and sewing – lots of pairs of ballet shoes ready for the beginning of term. I will really miss everyone at The Rosemary Lane School of Ballet & Theatre Dance but I will stay in touch and am so proud of all that

I achieved there and grateful for all the opportunities that I had to learn, dance and perform."

Having completed her Royal Academy of Dance graded examinations with the principal of the school, Rosemary Lane, Isabel is currently mastering the Advanced One syllabus. She will travel to the academy's London headquarters in August for this examination, the last she will take with Rosemary's coaching.

Rosemary said: "Isabel has delighted me in every single class with her joy of dance and dedication. I am so happy that she has gained a place at the prestigious Central School of Ballet and wish her every success and happiness."

The Rosemary Lane School of Ballet & Theatre Dance caters for dancers aged 2-and-a-half years old and up. For more information, visit www.rlschoolofballet.com. To enquire about classes and book a free taster session, search @RosemaryLaneSchool on Facebook, call 07738 767475 or contact rlschoolofballet@gmail.com

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Isabel Filby is grateful for the support of Rosemary Lane's school

Nursery's healthy achievers win award for lifestyle commitment

By Georgina Butler
Education correspondent

Staff and youngsters at Kiddi Caru's Milton Keynes day nursery are celebrating after receiving an award for their approach to a healthy lifestyle.

The Healthy Early Years awards are given by Milton Keynes Council to early years settings that are committed to three key areas that have a positive impact on health – healthy eating, physical activity and lifestyle influences.

The team at Kiddi Caru completed an audit and also received special training to ensure they met the awards criteria.

Louise Higgins, senior nursery manager, said: "We got a Smile award a little while ago and the HEY award is the next step up, so we're delighted to have received it. It covers everything from portion sizes and oral hygiene right through to physical activities for both children and their parents. For example we have a buggy



Staff and youngsters at Kiddi Caru have received a healthy lifestyle award

park so it's easier for parents to walk to nursery. We also provide leaflets and information for families about where they can go in the local area for

health-related advice. It really is a great initiative and we're very proud to be involved."

For further information about Kiddi Caru, please visit

the website at www.kiddicar.com like them on Facebook - www.facebook.com/KiddiCaru or call us on 01908 692469.

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