

DANCE RESOURCES BY GEORGINA BUTLER

# Advanced One

## *Ballet Vocabulary*



## Advanced One Vocabulary

In addition to the vocabulary listed for **Intermediate Foundation**, **Intermediate** and **Advanced Foundation**, you are expected to have knowledge of the following:

### **Arabesques**

*Arabesque*: An ornament or style made of an intricate pattern of interlaced lines; a dance pose.

### *Arabesque penchée*

“tilting action; arabesque.”

### **Ballottés**

“to toss about; a tossed step”: A rocking movement in which the weight is transferred from one foot to another. May be performed with an *adage* quality, *sauté* with an *allegro* quality or *en pointe*.

### *Ballottés sautés dessous and dessus*

### **Battement lent**

### *Battement lent devant*

### **Brisés**

“to break or shatter”: A travelling, beaten step consisting of an outward brushing motion *en fondu*, a jump with the supporting leg beating against the working leg, and a landing *en demi-plié* or *en fondu*.

The combination of the sliding movement of the working leg and the push-off (*demi-plié*) from the supporting leg provides the force to spring up into the air, bringing the supporting leg up to the extended leg to beat before changing to land on one foot or two. The travel occurs in the direction of the sliding movement.

### *Coupé brisés devant and derrière*

### *Brisés dessus travelling en avant*

### **Châinés**

“chain steps”: Type of turn often performed in series *en diagonale*. The dancer begins with the foot *dégagé* devant, steps to the side along the line of dance making a ½ turn *en dedans* and steps in 1<sup>st</sup> position making a ½ turn *en dehors* to complete one full turn.

### *Châinés en diagonale*

### *Châinés en diagonale en pointe*

### **Demi contretemps**

“half-off-beat step”: A linking step consisting of a *temps levé* and *chassé passé*.

### *Demi contretemps*

**Développés**

*Développé to 2<sup>nd</sup> en pointe*  
*Grand battement développé*

*Développé*: “to unfold; an unfolding action of the leg”: A slow and sustained unfolding action of the working leg. Can be executed with a basic port de bras, the arms and legs synchronizing during the movement.

**Fouettés**

*Coupé fouetté raccourci sauté battu*

*Fouetté rond de jambe en tournant*  
*Fouetté sauté*

*Fouetté*: “to whip or beat; whipped; whipping action”: A turn of the body away from the extended leg which often maintains its position in space.

May be performed with the working leg *à terre* or *en l’air*, with the supporting leg pivoting flat or *en demi-pointe*, or performing a rise, *relevé* or *sauté*.

The opposite action is called *Rotation*.

“cutting step; whipped step; shortened; jumped; beaten”: A *coupé fouetté raccourci sauté* in which the legs join in the air to beat in 5<sup>th</sup> position without a change of feet before the landing.

**Jetés**

*Jeté battement en avant*  
*Jeté battu derrière*  
*Jeté passé in attitude derrière*  
*Grand jeté en avant in attitude*

*Jeté*: “to throw; a thrown action; a jump taking off from one leg and landing on the other”.

**Pas de bourrées**

*Pas de bourrées courus en avant and en arrière*  
*to dégagé, and de côté to demi-plié*

*Pas de bourrée*: “bourrée step”: *Terre à terre* steps (toes remain close to the ground) performed in a continuous movement in any direction, demanding quick, precise footwork.

**Pirouettes**

*En dehors: doubles finishing in attitude and arabesque*  
*En dehors: singles finishing in 4<sup>th</sup> position en fondu en pointe*  
*En dehors: doubles with posés en demi-pointe*  
*En dedans: singles with fouetté en pointe*

*En dedans and en dehors: with posé en demi-pointe*

*En dehors and en dedans: with posé en pointe*

### **Pivots**

*Pivots en dehors and en dedans in arabesque and en dehors in attitude*

### **Port de bras**

*Circular port de bras*

*Circular port de bras away from the barre*

### **Relevés**

*Relevés passé with half turn en diagonale*

*Relevés 1 to 1 in arabesque*

*Relevés in attitude derrière*

### **Ronds de jambe**

*Grand rond de jambe en l'air en dehors*

*Single rond de jambe en l'air en dedans with relevés en pointe*

### **Sissonnes**

*Sissonnes fermées relevés de côté dessus en pointe*

*Sissonnes fermées relevés en avant and en arrière en pointe*

*Sissonnes ouvertes changées en avant into attitude*

*Sissonnes fermées changées en avant and en arrière*

*Pivot: "swivelling action": a small controlled rotating movement on one leg, where the pivot action takes place through the foot.*

*Port de bras: "a carriage of the arm or arms".*

*Relevé: "to pull up; raise; lift; or push up; a lifted or lifting action."*

*Ronds de jambe: "circle of the leg"*

*Sissonne: Thought to originate from "ciseau" – "scissors": A jump from two feet to one foot, often with a scissor-like action.*