

Georgina Butler (<https://georginabutler.co.uk>)



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Milton Keynes

Telephone: 07982 496 064

Email: g.l.butler@live.co.uk

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PROFILE

Experienced Journalist, Dance Writer and Dance Teacher.

First Class Honours graduate of the Royal Academy of Dance.

Graduate of the London School of Economics and Political Science (LSE).

Graduate of a National Council for the Training of Journalists (NCTJ) fast-track diploma course.

Passion for dance/education demonstrated by editorial, pedagogical and professional endeavours.

Fully insured dance teacher - specialising in ballet - with a First Class BA (Hons) Degree in Dance Education and Level 3 First Aid, Safeguarding and Fitness qualifications.

SUMMARY

January 2015 – Current.

Dance Writer: Culture Whisper (www.culturewhisper.com).

- Researching and writing previews of current and forthcoming dance productions.

May 2014 – Current.

Writer: Ballet Papier (www.balletpapier.com).

- Researching and writing stories for a ballet-themed decorative arts brand's blog.
- English language consultant for select online and print marketing.
- Copywriter for passages used inside products in the stationery range.

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April 2014 – Current.

Writer: Total MK (www.totalmk.co.uk).

- Community News; Previews; Reviews; Features; Interviews.
- Dance and Theatre specialist.

2014 – Current

FREELANCE DANCE TEACHER including:

December 2018 – Current.

Ballet Teacher: CentreStage Theatre School, Milton Keynes.

November 2018 – March 2019.

Dance Club Teacher: Greenleys First School, Milton Keynes.

January 2017 – January 2019.

Dance Teacher: Dancebox Studios, Milton Keynes.

January 2016 – April 2018.

Ballet Teacher: Platinum Dance Academy, Milton Keynes.

September 2014 – April 2018.

Ballet Teacher: The Rosemary Lane School, Milton Keynes.

July 2009 – Current.

Contributing Reporter: Johnston Press/Premiere Newspapers Ltd. – Milton Keynes Citizen.

- A wide range of pieces published, in print and online.
- News, Features, Reviews, Interviews, Online Content.
- Sourcing, writing and editing content related to schools and education.

September 2005 – February 2019.

Multi-Skilled Part-Time Colleague: ASDA, Milton Keynes.

- Customer-facing colleague. Role includes handling customer queries, replenishing stock, overseeing tasks in the warehouse and across departments.

QUALIFICATIONS

Royal Academy of Dance

BA (Hons) Dance Education, achieved with **First Class Honours**.

Awarded July 2017.

Royal Academy of Dance (RAD) Faculty of Education / University of Bath (FHEQ Level 6).

Modules studied:

- **Dance, Art and Education**
(Examination and evaluation of philosophical and aesthetic enquiry in relation to dance and dance education studies.)
- **Dance and Older Learners**
(Exploring how older learners can benefit from participation in dance.)
- **Ballet: its Diversity and Influence**
(Consideration of the influences on ballet's worldwide growth and development during the twentieth and early twenty-first centuries.)
- **Dance in Higher Education**
(Philosophical and educational traditions, definitions and debates surrounding the nature of dance in Higher Education. Including consideration of the tensions between dance in Higher Education as an academic discipline and as a preparation for entry into the profession.)
- **Dissertation**
(Thesis titled "**Meet Me at the Barre: Community in the Ballet Class.**" Educational research inspired by personal experience as a dance student and dance teacher.)

Royal Academy of Dance (September 2015 – July 2016).

Diploma of Higher Education: Dance Education - achieved with **Distinction**.

Royal Academy of Dance (RAD) Faculty of Education / University of Bath (FHEQ Level 5).

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Modules studied:

- **The Nature of Dance**
(Philosophical perspectives on the nature and function of dance.)
- **Perspectives on Learning and Teaching**
(Theories of pedagogy applied to dance.)
- **Safe Practice and Improving Performance**
(inc. Physiological and Psychological factors in relation to dance performance and dance teaching practice.)
- **Perspectives on Music and Dance**
(inc. Critical, Philosophical and Aesthetic concepts relevant to the study of music in dance; Musical aspects of selected repertoires, practices and dance forms; Implications of diverse analytical models of music and dance for dance practice, education and training.)
- **Dance in the Community**
(inc. Considerations of dance as a participatory art form; Reflection upon how context can affect planning and delivery of dance activity; Notions of dance as a tool for social engagement, empowerment and enjoyment.)

Royal Academy of Dance (*September 2014 – July 2015*).

Certificate of Higher Education: Dance Education (achieved with **Distinction**)

Royal Academy of Dance (RAD) Faculty of Education / University of Bath (FHEQ Level 4).

Modules studied:

- **Frameworks & Perspectives**
(Dance Analysis; Benesh Movement Notation; Labanotation.)
- **The Healthy Dancer**
(inc. Anatomy; Alignment; Conditioning; Injury; Safe Practice.)
- **Dance Education: Concepts and Contexts**
(Examination of pedagogy in different settings.)
- **Music in Dance and Dance Education**
(inc. Music Theory; Role of Music; Musicality.)
- **Dance Syllabi and Examinations**
(Teacher's Role; Training Methods; Ethical Practice.)

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NCTJ Fast-Track (News Associates, Wimbledon, London) (September 2010 – February 2011)

Shorthand at 100 wpm	Pass
Reporting	Pass
Essential Media Law	A (85)
Essential Public Affairs	A (74)
Media Law Court Reporting	A (86)
Multi Media Portfolio	A (71)
Production Journalism	B (62)

London School of Economics and Political Science (2007 - 2010)

BSc Sociology (2:1).

Completed a Dissertation titled: "Gender representation in practice and performance of classical ballet - reflection and contradiction of conventional gender norms."

Contributed to The Beaver, weekly newspaper of the LSE Students' Union.

Denbigh School, Milton Keynes (2001 - 2007)

4 A Levels:

- 3 x A (English Language & Literature, Sociology, Psychology)
- 1 x C (French)

11 GCSEs:

- 4 x A* (Sociology, Humanities, English Language, Design Technology)
- 4 x A (Dance, French, German, English Literature)
- 3 x B (Double Science, Mathematics)

Vocational Qualifications: Dance (from 1992)

Royal Academy of Dance (RAD) Ballet.

Pre-Primary to Grade 8 with Distinction and vocational grades qualifications (professional examinations with progression for teaching).

Imperial Society for Teachers of Dancing (ISTD).

"A" grade modern and jazz dance qualifications, including vocational grades.

CONTINUING PROFESSIONAL DEVELOPMENT:

Progressing Ballet Technique Teacher Certification (*February 2019*)

Certification to teach all levels of Progressing Ballet Technique

Progressing Ballet Technique (PBT) is a body conditioning programme devised by Marie Walton-Mahon to help dancers achieve their personal best in classical ballet.

Certification equips teachers with the knowledge, understanding and creativity to help develop the muscle memory needed to enhance dance training.

The emphasis is on the importance of safe dance training to improve core stability and identify correct weight placement, alignment and muscle activation.

Certification requires teachers to be trained and assessed in Progressing Ballet Technique junior, senior and advanced levels.

Outcomes:

- an understanding of the activation of muscle memory to activate “turn out”
- an understanding of the activation of muscle memory to enhance “adage movements”
- an understanding of the activation of muscle memory to accelerate “allegro”
- an understanding of the activation of muscle memory to activate “batterie”
- an understanding of the activation of muscle memory for controlled landings
- an understanding of how to breakdown the exercises
- an understanding of how to build the exercises
- an understanding of the appropriate age relevant to each exercise
- an understanding of the correct muscle groups that assist each movement

Six CPD hours.

Fitness Diploma (*October 2018*)

Level 3 Fitness Diploma (Personal Trainer / Fitness Instructor) *issued by New Skills Academy*

Acquired a thorough understanding of fitness by covering a breadth of topics relevant to anybody working as a personal trainer or fitness instructor.

Level 3 course comprising thirty-two modules.

Content covered included: Anatomy (skeleton / cardiovascular system / muscles and somatotypes / the nervous system / joints); Obesity and Diabetes; Nutrition; The Effects of Exercise; Exercise Intensity; Fitness Plans; Stretching; Fitness for Children; Working with Disabled Clients; Principles of Yoga; Principles of Pilates; Risk Assessment; Safeguarding; Insurance and Tax; Health and Safety.

Fifteen CPD hours.

Pointe Shoe Fitting Training (October 2018)

In-depth, one-day workshop on Pointe Shoe Fitting provided by Ballet Pro Ltd. and based on the work of Amanda Hill (UK importer and distributor of Grishko pointe shoes), Linda Reid-Lobatto (pointe shoe fitter), Esther Juon (pointe shoe fitter and member of the International Association of Dance Medicine and Science) and others.

Attended a full-day workshop on fitting pointe shoes.

Content covered included: The Anatomy of the Foot; Development of the Dancer; Assessment of Readiness for Pointe; The Fundamentals of Pointe Shoe Fitting; Step-by-Step Practical Fitting; Solving Problems; Health and Safety.

Training included the application of comprehensive theoretical knowledge to the practical art of pointe shoe fitting.

Participating as a pointe shoe model reinforced the theoretical and practical training received.

SAFEGUARDING TRAINING:

Child Protection (July 2017)

Level 3 Certificate in Child Protection issued by EduCare

Acquired a thorough understanding of child protection by covering a breadth of topics relevant to anybody with a responsibility for safeguarding children and young people.

Achieved with 100%.

Level 3 course comprising nine modules:

- Child Development.
- Parenting and Risk Factors.
- Forms of Abuse.
- Other Harm.
- Responding to Abuse.
- Reporting Abuse and the Child Protection System.
- Learning from Failure.
- The Legal Framework.
- Working Together.

Nine CPD hours.

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NSPCC Child Protection: an introduction *(July 2017)*

Introductory safeguarding course *delivered by the NSPCC*

A CPD certified, four-module e-learning course for everyone who works with children.

Understanding how to recognise, respond, report and record concerns about a child.

FIRST AID CERTIFICATION:

Green Cross First Aid Training *(June 2018)*

Level 3 Award in First Aid at Work (RQF) *issued by Training Qualifications UK*

Demonstrated comprehensive knowledge and understanding of theory related to coping with first aid emergencies in any environment.

Successfully applied effective first aid skills during practical exercises.

Content covered included: The Unconscious Casualty; Breathing Problems; Wounds & Bleeding; Bones, Muscle & Joint Injuries; Burns & Scalds; Poisoning; Medical Emergencies (anaphylaxis / angina / heart attack / asthma / epilepsy & seizures / fainting / diabetes / stroke).

Green Cross First Aid Training *(July 2015)*

Level 3 Award in First Aid at Work (QCF) *issued by Training Qualifications UK*

Demonstrated comprehensive knowledge and understanding of theory related to coping with first aid emergencies in any environment.

Successfully applied effective first aid skills during practical exercises.

Content covered included: The Unconscious Casualty; Breathing Problems; Wounds & Bleeding; Bones, Muscle & Joint Injuries; Burns & Scalds; Poisoning; Medical Emergencies (anaphylaxis / angina / heart attack / asthma / epilepsy & seizures / fainting / diabetes / stroke).