

GEORGINA BUTLER

WRITING. DANCING.

Dance Resources BY GEORGINA BUTLER

'RAD ADVANCED ONE
BALLET VOCABULARY'





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Advanced One

In addition to the vocabulary for Intermediate Foundation, Intermediate and Advanced Foundation, female candidates are expected to have knowledge of:

Arabesques

Arabesque: An ornament or style made of a detailed pattern of interlaced lines; a dance pose.

Arabesque penchée

“tilting or leaning action; arabesque.”

Ballottés

“to toss about; a tossed step”

A rocking movement in which the weight is transferred from one foot to another.

May be performed with an *adage* quality, *sauté* with an *allegro* quality or *en pointe*.

Ballottés sautés dessous and dessus

Battement lent

Battement lent devant

Brisés

“to break or shatter”: A travelling, beaten step consisting of an outward brushing motion *en fondu*, a jump with the supporting leg beating against the working leg, and a landing *en demi-plié* or *en fondu*.

The combination of the sliding movement of the working leg and the push-off (*demi-plié*) from the supporting leg provides the force to spring up into the air, bringing the supporting leg up to the extended leg to beat before changing to land on one foot or two.

The travel occurs in the direction of the sliding movement.



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Coupé brisés devant and derrière

“cutting step; broken step”

A composite step comprising a *coupé* and a variation of a *brisé* (from one foot to the other, instead of one foot to the same).

Coupé brisé devant:

The dancer begins *en fondu* with the working foot placed at or slightly above *cou-de pied devant*.

Next, the dancer steps on the spot (*sur place*), passing the other foot through *1st position* to extend *devant* above *glissé* height; jumps into the air beating the supporting leg against the back of the working leg to perform the beat in front of the body, changes feet, and lands in the starting position.

Coupé brisé derrière:

The dancer begins *en fondu* with the working foot placed at or slightly above *cou-de pied derrière*.

Next, the dancer steps on the spot (*sur place*), passing the other foot through *1st position* to extend *derrière* above *glissé* height; jumps into the air beating the supporting leg against the front of the working leg to perform the beat in front of the body, changes feet, and lands in the starting position.

Brisés dessus travelling en avant

“broken step; over; travelling forwards”: A *brisé* travelling sideways and forwards in which the working leg begins and ends *5th derrière*.



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As the *demi-plié* begins, the working leg begins to slide towards *2nd position* at *glissé* height.

The combination of the sliding movement and the push from the supporting leg provides the force to spring into the air, bringing the supporting leg up to the extended leg to beat *derrière* before changing to land in *5th position* with the working foot *derrière*.

The arms are normally in *3rd position*, with the arm corresponding to the working leg forward. The body leans over the arm and the eye line is out over the centre of the forearm.

Châinés

“chain steps”: Type of turn often performed in series *en diagonale*.

The dancer begins with the foot *dégagé* devant, steps to the side along the line of dance making a $\frac{1}{2}$ turn *en dedans* and steps in *1st position* making a $\frac{1}{2}$ turn *en dehors* to complete one full turn.

Châinés en diagonale

Châinés en diagonale en pointe

Demi contretemps

“half-off-beat step”

A linking step consisting of a *temps levé* and *chassé passé*.

Développés

Développé: “to unfold; an unfolding action of the leg”

A slow unfolding action of the working leg.



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Développé to 2nd en pointe

Grand battement développé

Fouettés

“to whip or beat; whipped; whipping action”

A turn of the body away from the extended leg which often maintains its position in space.

May be performed with the working leg *à terre* or *en l’air*, with the supporting leg pivoting flat or *en demi-pointe*, or performing a rise, *relevé* or *sauté*.

The opposite action is called *Rotation*.

Coupé fouetté raccourci sauté battu

“cutting step; whipped step; shortened; jumped; beaten”

A *coupé fouetté raccourci sauté* in which the legs join in the air to beat in 5th position without a change of feet before the landing.

Fouetté rond de jambe en tournant

“whipped action; circle of the leg; turning”

A spin initiated by the whip-like action of the working leg. (“*fouetté* turns”)

Fouetté sauté

Jetés

“to throw; a thrown action”

A jump taking off from one leg and landing on the other.

Jeté battement en avant



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Jeté battu derrière

Jeté passé in attitude derrière

Grand jeté en avant in attitude

Pas de bourrées

Pas de bourrée: "bourrée step"

Terre à terre steps (toes remain close to the ground) performed in a continuous movement in any direction, demanding quick, precise footwork.

Pas de bourrées courus en avant and en arrière to dégagé, and de côté to demi-plié

Pirouettes

En dehors: doubles finishing in attitude and arabesque

En dehors: singles finishing in 4th position en fondu en pointe

En dehors: doubles with posés en demi-pointe

En dedans: singles with fouetté en pointe

En dedans and en dehors: with posé en demi-pointe

En dehors and en dedans: with posé en pointe



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Pivots

“swivelling action”

A small controlled rotating movement on one leg, where the pivot action takes place through the foot.

Pivots en dehors and en dedans in arabesque and en dehors in attitude

Port de bras

Circular port de bras

Circular port de bras away from the barre

Relevés

“to pull up; raise; lift; or push up; a lifted or lifting action.”

Relevés passé with half turn en diagonale

Relevés 1 to 1 in arabesque

Relevés in attitude derrière

Ronds de jambe

“circle of the leg”

Grand rond de jambe en l’air en dehors

Single rond de jambe en l’air en dedans with relevés en pointe



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Sissonnes

Sissonne: Thought to originate from "ciseau" – "scissors"

A jump from two feet to one foot, often with a scissor-like action.

Sissonnes fermées relevés de côté dessus en pointe

Sissonnes fermées relevés en avant and en arrière en pointe

Sissonnes ouvertes changées en avant into attitude

Sissonnes fermées changées en avant and en arrière



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Acknowledgements and References

This resource was created for revision purposes and is intended as a helpful guide.

It was compiled using the following Royal Academy of Dance publications:

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